

Assignment – Personal Style Inventory

The following items are arranged in pairs (a and b), and each member of the pair represents a preference you may or may not hold. Rate your preference for each time by giving it a score of 0 to 5 (0 meaning you feel strongly negative about it or strongly positive about the other member of the pair, 5 meaning you strongly prefer it or do not prefer the other member of the pair). The scores for a and b must add up to 5 (0 and 5, 1 and 4, or 2 and 3). Do not use fractions

I prefer:

1a	Making decisions after finding out what others think.	1b	Making decisions without consulting anyone.
2a	Being called imaginative or intuitive	2b	Being called factual or accurate
3a	Making decisions about people based on available data and systematic analysis	3b	Making decisions about people based on empathy, feelings, and understanding of their needs and values.
4a	Allowing commitments to occur if others want to make them.	4b	Pushing for definite commitments to ensure they are made.
5a	Quiet, thoughtful time alone.	5b	Active energetic time with people.
6a	Using methods I know well that can get the job done.	6b	Thinking of new ways to do tasks when confronted with them.
7a	Drawing conclusions based on logic and careful analysis.	7b	Drawing conclusions based on what I feel and believe about life and people from past experiences.
8a	Avoiding making deadlines.	8b	Setting a schedule and sticking to it.
9a	Inner thoughts and feelings others cannot see.	9b	Activities and occurrences in which others join.
10a	The abstract or theoretical	10b	The concrete or real.
11a	Helping others explore their feelings	11b	Helping others make logical decisions.
12a	Communicating little of my inner thoughts and feelings.	12b	Communicating freely my inner thoughts and feelings.
13a	Planning ahead based on projections.	13b	Planning as needs arise, just before carrying out the plan.
14a	Meeting new people.	14b	Being alone or with one person I know well.
15a	Idea.	15b	Facts.
16a	Convictions.	16b	Verifiable conclusions.
17a	Keeping appointments and notes written down as much as possible.	17b	Using appointment and notebooks as little as possible (although I may use them).
18a	Carrying out, carefully laid, detailed plans with precision.	18b	Designing plans and structures without necessarily carrying them out.
19a	Being free to do things on the spur of the moment.	19b	Knowing well in advance what I am expected to do.
20a	Experiencing emotional situations, discussions, movies.	20b	Using my ability to analyze situations.

Personal Style Inventory Scoring

Instructions: Transfer your scores for each item to the appropriate blanks. Be careful to check the A and B letters to make sure you are recording scores in the proper spaces.

***Be careful to record your responses in the correct box. The numbers are not chronological!**

I		E		N		S		T		F		P		J	
1b		1a		2a		2b		3a		3b		4a		4b	
5a		5b		6b		6a		7a		7b		8a		8b	
9a		9b		10a		10b		11b		11a		13b		13a	
12a		12b		15a		15b		16b		16a		17b		17a	
14b		14a		18b		18a		20b		20a		19a		19b	
Total your scores below for each category															
I:		E:		N:		S:		T:		F:		P:		J:	

NOTE: I + E scores should = 25
 N + S scores should = 25
 T + F scores should = 25
 P + J scores should = 25

Personal Style Inventory Interpretations

Letters on the score sheet stand for:

I -	Introversion	E -	Extroversion
N -	iNtuition	S -	Sensing
T -	Thinking	F -	Feeling
P -	Perceiving	J -	Judging

If your score is

12-13

14-15

16-19

20-25

The likely interpretation is

Balanced preference on this dimension, indicating you can "go with the flow"

Some preference in one direction over the other

Considerable preference in one direction

Strong, definite preference for one direction over the other

Your typology consists of those four dimensions for which you had scores of 14 or more, although the relative strengths of all dimensions actually constitute your typology. Scores of 12 or 13 show relative balance in a pair so that either member should be part of the typology.

Note: This exercise is an abridgment of the *Personal Style Inventory* by Dr. R. Craig Hogan and Dr. David W. Champagne.

- Here's a good website that gives an introduction to each of the 16 Myers-Briggs Personality types.

16 Meyers-Briggs Personality Types

Characteristics Frequently Associated with each Type

	Sensing Types		Intuitive Types	
Introverts	ISTJ	ISFJ	INFJ	INTJ
	ISTP	ISFP	INFP	INTP
Extroverts	ESTP	ESFP	ENFP	ENTP
	ESTJ	ESFJ	ENFJ	ENTJ

<http://www.mbitoday.org/typechars.html>